





## Citizenship Actions for All Programme (CAAP)

**EUROPEAN SCHOOLS** 



## Nurturing and celebrating active citizenship among young people in the secondary cycle in the ES system



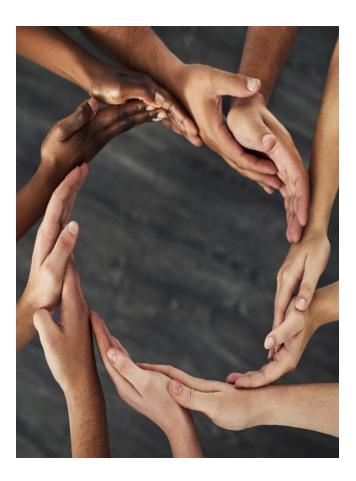
An active citizen promotes the quality of life in a community through the development of knowledge, skills, values and motivation to work to make a difference in society and improve the quality of life of others. The participation and involvement of young people in active citizenship in their local community is the foundation stone for all of our futures.

## WHAT IS the CAAP?

Young people in the European Schools' system will be encouraged to support their local community through acts of **service and participation in a range of concrete activities.** Young people will engage in activities such as **volunteering in:** 

- Local community groups,
- Supporting the work of local charities,
- Engaging in environmental work or
- Assisting with groups to support children and adults with special educational needs and/or physical disabilities.

Young people will be encouraged to **use their initiative to identify other possible areas for involvement in their local communities.** 



## How will it work?

The CAAP programme will be offered to **all s5 and s6** students *in participating schools who are 16 years old*.

Students must complete a sign-up form, with parents' consent

Students **must liaise** with their school **CAAP Coordinator** prior to starting a placement and during the process

Students who have signed up will be added to the CAAP online Teams group and must **complete online participation forms** each week of/the week of their placement Students must complete a placement on a *voluntary basis only.* 

The minimum requirement is one of the following options:

A. 1 hour/week week for 10 weeks (continuous)

B. 2 hours/week over a continuous 5-week period



1. Search on internet for any national/local organizations or charities you would like to join.

2. Check what they do.

Tips for arranging volunteering: STEPS...

3. Be perseverant. Sometimes it takes time.

4. Talk to family, friends, neighbours or teachers.

5. Prepare a letter or email, with your CV and why you are interesting in volunteering (your qualities).

6. Combine: personal interests & find something where you could learn "beyond". Think "outside the box".

### Support

Each participating ES/AES has a Coordinator who will oversee the programme in the school

The CAAP Coordinator for your school is: Ms. Trinidad PEREZ-PINTO, Educational advisor S6

CAAP Coordinators will be supported by members of the steering committee and OSG

Teams will be used to share resources and supports, and to track progress



## Why volunteering?

#### The Benefits of Volunteering in a Care Setting

#### Why Do Schools Value Volunteering in a Care Setting?

- Good physical and mental help:
  - - Ansiety, depression, + empathy, + social skills,
  - •+ strategies to cope with stress..
- •Provides you with a **sense of purpose**.
- •Provides a sense of community.
- •Helps you meet new friends, new people.
- •Increases your social skills.
- •Improves self-esteem.
- •Teaches you valuable skills.
- •Provides job prospects.
- •Brings fun into your life.
- •Opportunities to be accepted to many
- Universities.



#### www.kraizpierg.iu

## Where volunteering?

#### SOME ORGANIZATIONS YOU MAY JOIN AS A VOLUNTEER:

- Enrolling in a volunteer service programme(public.lu)
- <u>https://servethecity.lu/volunteer-sign-up-form/</u> M. Nicolas DUPREY.
  - Environmental project.
  - Homeless project.
  - Kids activities.
- <u>CHRYSALIS North-South Cooperation (cns-asbl.org)</u>:
  - Saturdays 14:30-16:30 pm Grund.
  - Soutien linguistique et scolaire: espec Francais et Mat.
- <u>CROIX-ROUGE LUX</u>.
- <u>Get active with youngcaritas! youngcaritas</u>: Mr. Pier SCHMITZ. Coordinateur de projets

Youngcaritas is a platform giving young people the chance to get involved and make a positive impact on society. We believe that young people need opportunities to create a sustainable world based on solidarity and social justice. There are several ways to get involved through youngcaritas in short-term volunteering:

- Take part in a <u>Solidactive</u> solidarity project: with elderly people, refugees,...
- Help conduct a **Spillmobil** activity: movement, games,...
- Or work creatively and develop your own project.

#### - https://www.kraizbierg.lu/fr/

Check <u>other organizations</u> around your neighbourhood / community Check the needs of people around you (neighbours who live alone, students who has difficulties in languages or math, for example, and you can help, etc.).

## Where volunteering?

#### **POSSIBLES ORGANIZATION YOU CAN JOIN AS A VOLUNTEER:**

### • In Our school

- Actions sans Fronteires.
  - 1-2 people: Searching for an Organization.
- Helping Students
  - Support Accademic. 1 period / week.
    - French, English, Integration...
  - Social support. Outside of the school. 2 hours/week.

Others ideas - projects are welcome: clubs, sport .... 1 period/week.

### How to get involved in CAAP:



- 1. Search for an Organization / volunteer activity.
- 2. Send me an email:

<u>maria-trinidad.perez-pinto@eursc.eu</u>. I will send you the documents to be signed (parents, students and organization).

3. Complete and return the consent form to A201 or by email.

4. Start as a volunteer!!

5. At the end, bring me the doc. Signed by the Organization and you will get the certificate.

### Award/Certificate

Each student will receive a *Certificate of Participation* – this will be presented by each individual school.



# Expected outcomes for the Ethical Priority during Ireland's Presidency of the ES system

It is envisaged that the learning gained and skills developed from participation in the Citizenship Actions for All Programme will become a valued and established element of the student experience in the European Schools' system.

The autonomy and civic competence of young people in the ES system will be developed through active participation in their local communities.



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Vous avez la possibilité d'agir par l'organisation humanitaire de l'école

You have the possibility to act through the school's humanitarian organisation

Comment ?

4 projets en 2022-23 They need help, aidons-les!

En **construisant vous-même un projet à financer dans un pays qui en a besoin** (une bibliothèque, une plaine de jeux, une infrastructure agricole...).

C'est à vous de **trouver un projet à financer** en faisant des recherches, avec l'aide des membres de l'association (dont certains sont des professeurs de l'école)

Vous pouvez aussi **participer à de courtes actions** (ventes de gateaux) dont les bénéfices reviennent à l'association

How do you do this? **By building yourself a project to fund** in a country in need (a library, a playground, an agricultural infrastructure...). It is up to you to find a project to finance by doing research, with the help of the members of the association (some of whom are teachers at the school). You can also take part in short actions (cake sales) with the profits going to the association.

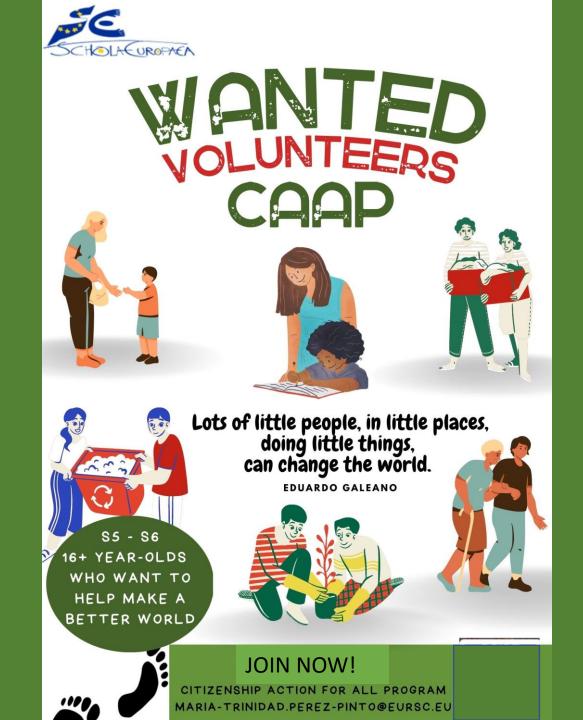
### Qui contacter ? / Who to contact ?

Si vous êtes intéressés et motivés pour participer:

- M. Gillig (professeur d'histoire et de géographie) (B007)
- gilligge@teacher.eursc.eu ou sur Teams.

Le site de l'association est <u>https://www.euroschool.lu/asf/</u>





## Questions

maria-trinidad.perez-pinto@eursc.eu