

Bicycle Project at European School Luxembourg II

During September and October, pupils from Primary Years 3 to 5 (ages 8 to 11) at the European School Luxembourg II took part in a special Bicycle Project organised on the school premises. The aim of this activity was to help children become more confident, safe and responsible cyclists. Several classes took part during their sport lessons: P3 ENA, P3 ENB, P3-4 DE, P4-5 CS, P5 IT, P5 DE, P5 IT, P4-5 HU, P4-5 DA and P5 ENC

Throughout the project, pupils learned about the different parts of a bicycle, how it works, and the importance of following safety standards like keeping distance between cyclists. A key focus was on adjusting the seat position and wearing a properly fitted helmet and understanding how it protects the rider. The children also practised how to use the brakes correctly, change gears effectively to ensure smooth and safe riding and were trained to maintain balance in various situations.



On the cycling circuit set up within the school grounds, pupils had the chance to apply what they had learned in a realistic and safe environment while using our school bikes. They discovered the meaning of street signs, traffic priorities, and how to navigate obstacles, as well as how to ride up and downhill safely.

The project was a great success and provided a valuable combination of learning, exercise, and fun. It was a wonderful opportunity to combine physical activity, safety education and helped our pupils gain practical cycling experience while promoting road safety awareness and healthy habits for the future.

As one teacher shared, “The evolution you could observe after several weeks was amazing — and when you feel, as a teacher, that you’ve taught a life skill to someone, it’s truly rewarding.”

Carole Everad

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